

2026 Active Adults Programming



Oakland County Parks offers many programs for Active Adults throughout the year that focus on fitness, wellness, historical education and fun in the parks.

For more information or to register:

Call 248-221-8040 or email OCPrecreation@oakgov.com. Registration forms posted at OaklandCountyParks.com.

Fireside Chats – Historical programs

Oakland County Parks Historian Carol Bacak-Egbo hosts this **free** historical series, with programs held from 7-8 p.m. via Zoom. Online links available on the Oakland County Parks Facebook page and at OaklandCountyParks.com.

For more information, call or text 248-221-8040.
No preregistration required.

- **Thursday, March 19, 2026**
A Governess, A Farmeress and a Doctor from Alabama: Forgotten Stories of Oakland County Women
- **Tuesday, Sept. 22, 2026**
Growing Great Parks: Celebrating 60 years of Oakland County Parks
- **Wednesday, Oct. 28, 2026**
A River Runs Through Them: Waterways and our Parks
- **Thursday, Nov. 19, 2026**
Those Who First Belonged: Indigenous Connections to our Oakland County Parks

Trailside Chats

Join Parks Historian Carol Bacak-Egbo for this new series of in-person historical lecture with an optional short hike. **Free series.**

- **Tuesday, April 28, 2026**
Lyon Oaks Event Center
52251 Pontiac Trail, Wixom, MI 48393
A Dead Cow, an Apple Orchard and a Town that Disappeared: Lyon Oaks and Beyond
- **Tuesday, May 19, 2026**
Pleasant Ridge Community Center
4 Ridge Road, Pleasant Ridge, MI 48069
A Polar Bear, a Hypnotist and a Ghost River: A Slightly Unconventional Look at the History of Woodward Avenue
- **Tuesday, June 2, 2026**
Independence Oaks - Twin Chimneys Picnic Shelter
9501 Sashabaw Road, Clarkston, MI 48348
A River Runs Through it: Look at the Clinton River Over Time
- **Thursday, July 16, 2026**
Addison Oaks - Buhl Estate
1480 W. Romeo Road, Leonard, MI 48367
Growing Great Parks: Celebrating 60 years of Oakland County Parks
- **Tuesday, Aug. 4, 2026**
Springfield Oaks - Ellis Barn
12451 Andersonville Road, Davisburg, MI 48350
Digging into the Past: Archaeology and Oakland County Parks

Senior Market FRESH Days

**May 2, May 16, June 4, June 13, July 18, July 30,
Aug. 1, Aug. 15, Sept. 19**
8 a.m.-1 p.m.

Oakland County Farmers Market
2350 Pontiac Lake Road, Waterford, MI 48328

Senior Market FRESH Days provide eligible seniors with opportunities to purchase farm-fresh fruits and vegetables at the farmers market. For details, call 248-858-5495.

Cruisin' on Crooked Lake

June 10, July 8, Aug. 6, 2026
Hourly rides from 4-7 p.m.
Independence Oaks County Park - Boathouse
9501 Sashabaw Road, Clarkston, MI 48348

Join us while we cruise around Crooked Lake enjoying the sights and sounds of summer during a 45-minute pontoon boat ride.

Cost: \$5/person *Preregistration required. Registration opens May 1, 2026. Limited to 10 guests per trip.*

River Walk

Mondays, Wednesdays and Thursdays, June 15-Aug. 13, 2026 (no sessions June 29-July 2)
7:30-8:30 p.m.

NEW Morning River Walk

Tuesdays and Thursdays, July 7-Aug. 20, 2026
9-10 a.m.

Red Oaks Waterpark
1455 E. Thirteen Mile Road, Madison Heights, MI 48071

Walk the River Ride for fitness at Red Oaks Waterpark before or after hours. This program is a great way to cool off and get your steps in! Adults ages 18 and older only.

No walk-ins. Prices good for eight sessions on specific day of the week. *Registration opens May 1, 2026.*

Over 50+ Swim Party

June 29, July 21, Aug. 11, 2026
7:30-9 p.m.
Red Oaks Waterpark
1455 E. Thirteen Mile Road, Madison Heights, MI 48071

Adults ages 50 and older are welcome to experience Red Oaks Waterpark after hours. Enjoy the wave pool, waterslides and River Ride.

Cost: \$10/person if preregistered; \$15/person day of event. *Registration opens May 1, 2026.*

Adult Only Archery Shoot

July 11 and Sept. 12, 2026
1-3 p.m.
Independence Oaks County Park - Archery Range
9501 Sashabaw Road, Clarkston, MI 48348

Learn archery basics and perfect shooting technique.

Cost: \$15/person
Each session limited to 16 guests.
For information: 248-296-4584/brechn@oakgov.com
To register: 248-858-0916

Summer Vibes Picnic

July 29, 2026
11 a.m.-2 p.m.
Independence Oaks County Park
9501 Sashabaw Road, Clarkston, MI 48348

Enjoy fishing, archery, a nature education program, lawn games and a pontoon boat ride during this adults-only program. A hot dog lunch will be provided.

Cost: \$5/person. *Preregistration required. Deadline to register: Wednesday, July 22.*

Fall Into History

Oct. 6, 2026
11 a.m.-2:30 p.m.
Addison Oaks - Buhl Estate
1480 W. Romeo Road, Leonard, MI 48367

Enjoy a buffet prepared by Oaks Management at the Buhl Estate in Addison Oaks County Park & Campground. Learn about the parks' storied past with Parks Historian Carol Bacak-Egbo. Tour the Buhl Estate mansion and take a wagon ride through the grounds. Cider and donuts will be served.

Registration fee: \$45/person.
Registration deadline: Sept. 22, 2026

