

2026



Find Help | Build Futures

Oakland County Resource Directory





DAVID COULTER OAKLAND COUNTY EXECUTIVE

A Message from Executive Dave Coulter

Dear Reader,

Oakland County is fortunate to have an extraordinary network of public, nonprofit, community-based, and private organizations serving young people and families. But until now, information about those resources hasn't been available in one centralized place.

That's why we created Find Help, Build Futures.

This comprehensive directory is a testament to our commitment to connect young people, families, and the professionals who support them with the services and opportunities they need to thrive.

Demystifying county government begins with seeing services from the perspective of the people trying to use them. By making resources easier to find and understand, this directory helps families and professionals navigate available services and improves the experience of seeking help.

This directory was developed by Oakland County Public Services and Children's Village, with research and technical assistance from the Crime and Justice Institute. It was made possible through American Rescue Plan Act funding allocated by the Oakland County Board of Commissioners.

Finding help can be the first step toward building a stronger future. We hope this searchable directory makes that step easier.

With sincere appreciation,

A handwritten signature in cursive script that reads "David Coulter".

Dave Coulter

Oakland County Executive



Acknowledgments

Project Leadership

The development and implementation of Find Help, Build Futures was led by a core project team from Oakland County Public Services and Children's Village. The team guided the work from research and resource development through the creation of the public-facing directory.

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Research and Technical Assistance

Oakland County partnered with the Crime and Justice Institute (CJI) to research, develop, and design this resource. CJI conducted a countywide analysis of services available to young people and families, engaging system stakeholders, community organizations, and justice-involved youth through interviews, focus groups, and outreach. CJI also helped identify service gaps and collect and verify the information included in this directory.

Community and System Partners

The project benefited from the knowledge and perspectives of the Oakland County Juvenile Justice Reform Implementation Team, a multidisciplinary group representing the courts, County government, law enforcement, prosecution, defense, behavioral health, education, state government, academia and community-based services.

Implementation Team members shared insight into the needs of young people and families, barriers to accessing services, and ways to make the directory useful and sustainable. We are grateful to the Implementation Team and to the many young people, families, service providers, community organizations and other stakeholders who shared their experiences and expertise throughout the project. We also extend our appreciation to the organizations represented in Find Help, Build Futures for the services, opportunities and support they provide to young people and families across Oakland County.

Introduction

Welcome to the Find Help, Build Futures Resource Directory

This directory brings together a comprehensive range of services available to youth and families in Oakland County. It serves as a valuable resource for community-based providers, courts, youth justice system stakeholders, and anyone seeking information about local resources and supports.

In this directory, you will find information related to behavioral health, education, housing stability, food security, transportation, familial supports, employment readiness, and more.

Why We Created this Directory

The Find Help, Build Futures Resource Directory project grew out of statewide efforts to improve Michigan's youth justice system by expanding community-based services and alternatives to detention. Oakland County adopted similar goals, including reducing youth involvement in the justice system, advancing racial equity, and ensuring youth have access to the least restrictive options available.

Through this work, Oakland County identified a need for a clearer picture of the community-based resources available to youth ages 10–18 and their families. Find Help, Build Futures brings these resources together in one place to help youth, families, and the professionals who support them find services and build stronger community connections.

How Can I Access this Resource?

Visit OaklandCountyMI.gov/CVResourceDirectory to print or download a PDF copy of the directory.

A digital version of this directory is in progress and is anticipated to be available by early 2027. The agencies listed in this directory are not exhaustive. Oakland County strives to provide a comprehensive list of relevant agencies and organizations, but it is not possible to maintain real-time updates for every entry, and listings depend on communication and collaboration with the agencies themselves. We aim to expand and update the directory as new information becomes available.

To help ensure accuracy and relevance, we rely on the community of providers and users. If you notice any inaccuracies or know of an agency that should be included, please email us at directoryassist@oaklandcountymi.gov.

The information for each organization has been provided by the service provider or obtained from the organization's website. The editors cannot assess the accuracy or quality of the services available.



**Scan this code for digital access
to Find Help, Build Futures**

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01

Basic Needs

This section provides information about local resources that can help individuals and families meet essential everyday needs. You'll find services and organizations offering support with food and clothing, housing, transportation, community support, and more. Whether you are looking for immediate assistance or ongoing resources, these listings can help connect you with services in your community.

This section includes listings related to:



Clothing & Food



Helplines



Faith Based Orgs.



SNAP/WIC



Housing



Transportation

Clothing & Food



Oakland County Foster Closet

Address: 24400 Sinacola Ct. Suite. B,
Farmington Hills, MI 48335

Phone: 248-419-4487

Website: ocfostercloset.org

Email: info@ocfostercloset.org

About: The Oakland County Foster Closet offers supportive services, supplies, and aid to children in the foster care system and to those in crisis situations at no cost. It is our mission to foster hope, love, and community one child at a time.

Services: Clothing Program; Easter Bunny Brunch; Christmas Program; and Back to School Program.

Hours: Monday, Wednesday, Thursday,
Friday 10 a.m. – 2 p.m. Tuesday 12 p.m. – 4 p.m.

Special Instructions/Transportation:

- No cost options.
- 1 – 2 day wait time following initial contact.



Oakland HOPE

Address: 20 E. Walton Blvd,
Pontiac, MI 48340

Phone: 248-343-4503

Website: oaklandhope.org

Email: oaklandhope@gmail.org

About: Oakland HOPE, the county's largest food pantry, provides thousands of families, seniors, and veterans with FREE groceries each month. The Thrift Store sales fund the food pantry ministry. HOPE kitchen is a large commercial kitchen available for rent with six full cooking stations and walk-ins for food entrepreneurs/caterers and food trucks.

Services: Food Pantry/Weekly FREE Groceries for Oakland Families; and Workforce Development Program (HOPE Kitchen).

Hours: Open Tuesday, Wednesday, Thursday, Friday,
Saturday 11 a.m. – 7 p.m.

Special Instructions/Transportation:

- Bus stop located directly in front of food pantry.
- Response within 24-hours of initial contact.



Susie Q's Kids

Address: 13116 Iowa Drive,
Warren, MI 48088

Phone: 586-206-8424

Website: susieqskids.org

Email: drmary@susieqskids.org

About: Susie Q's Kids addresses the mental health and well-being of kids in the community, advocates for suicide awareness and prevention, works with individuals with disabilities to create kits, works with business and youth groups in creating comfort bags, and engages 'Kids in Helping Kids' through self-awareness, philanthropy, and service.

Services: Provides "Comfort Bags" which include bears, blankets, socks, and other essential items like hygiene, as well as sensory and grief kits to kids wherever there is a need.

Hours: Available by appointment Monday through Friday

Special Instructions/Transportation:

- No associated cost.
- Response within 24-hours of initial contact.



Neighbor for Neighbor

Address: 495 Broadway,
Davisburg, MI 48350

Phone: 248-634-0900

Website: neighborforneighbor.net

Email: nfndavisburg@gmail.com

About: Neighbor For Neighbor is a non-profit assistance center that offers help to those individuals in need of food, clothing and/or assistance with their utilities.

Services: Supports local families through various types of donations including: food, household items, toiletries, gently-used clothing, monetary gifts, and volunteers' time.

Hours: Wednesday 9 a.m. – 12 p.m.

Special Instructions/Transportation:

- Located behind Springfield Parks and Recreation (Mill-pond).
- No associated costs.
- Primarily focused on services for Clarkston, Davisburg, Holly and the North side of 59 (White Lake and Highland).



The Baldwin Center

Address: 212 Baldwin Avenue,
Pontiac, MI 48342

Phone: 248-332-6101

Website: baldwincenter.org

Email: baldwin@baldwincenter.org

About: The Baldwin Center is a nonprofit organization that has served Pontiac and surrounding communities for more than 40 years. Its mission is to preserve dignity through community by providing food, clothing, education, and supportive services to individuals and families experiencing hardship. The Center serves thousands of residents each year through meal programs, resource navigation, youth services, and emergency assistance.

Services:

- Family Soup Kitchen Meals (free);
- Emergency Clothing Assistance;
- Wellness Wednesdays – health, housing, employment, and legal resources available;
- Community Resource Navigation and References;
- Shower and Laundry Access (limited availability);
- Holiday Food Baskets and Family Assistance Programs;
- Infant Supplies – diapers, formula, and baby food; and
- Youth Camps and Educational Programming (as available).

Hours:

- Family Soup Kitchen open Monday, Wednesday, Friday 10:30 a.m. – 12:30 p.m.
- Wellness Wednesdays occur Wednesday 10:30 a.m. – 12:30 p.m.
- General Facility Donations occur Monday through Friday 9:00 a.m. – 1:00 p.m.

Special Instructions/Transportation:

- Most services available free of charge.

Faith-Based Organizations



Dream Centers of Michigan

Address: 79 Oakland Avenue,
Pontiac, MI 48342

Phone: 248-221-5747

Website: dcofmi.org

Email: info@dcofmi.org

About: Dream Centers of Michigan is a faith-based nonprofit organization dedicated to helping individuals and families in Pontiac and surrounding communities thrive through education, workforce development, housing support, youth programs, and community outreach. For more than a decade, they have worked to address the root causes of poverty by providing holistic programs that empower people to achieve long-term stability, self-sufficiency, and hope.

Services: Men's Transitional Housing (ages 18 through 30); Afterschool and Summer Programming (grades 1 through 5); Affordable Housing; and Workforce Readiness Development.

Hours: Monday through Friday 9 a.m. – 5 p.m.

Special Instructions/Transportation:

- Low cost payment options for certain programs available.
- Transportation assistance may be available, please call for more information.
- 1 – 2 day wait time following initial contact.



Christian Community Response Team

Address: 53 W. Huron Street, Suite A
Pontiac MI 48342

Phone: 248-499-9621

Website: ccrt.org

Email: ccrt@ccrt-pontiac.org

About: The Christian Community Response Team (CCRT) provides compassionate and Gospel-inspired support to individuals whose basic needs are unmet. CCRT offers Christian-centered assistance by delivering intake services, needs assessments, and referrals to build relationships that help clients overcome obstacles to self-sufficiency. CCRT coordinates with community agencies and providers to maximize available resources and expand their reach.

Services: Food and Clothing; ID & Birth Certificate Support; Personal Grooming Kits; Eviction Prevention; Security Deposit Support; Utility Assistance; Furniture; and Household Goods.

Hours: Monday through Friday 10 a.m. – 3 p.m.

Special Instructions/Transportation:

- Little to no cost payment options available.
- Pontiac residents only.

Helplines



NAMI METRO

*(Serving Oakland, Wayne,
& Macomb County)*

Address: PO Box 852,
Northville, MI 48167

Phone: 248-348-7197

Website: namimetro.org

Email: support@namimetro.org

About: The National Alliance on Mental Illness (NAMI) Metro Office is an all-volunteer 501 (c) (3) organization that provides free education, support, and advocacy for families and individuals impacted by mental health conditions.

Services:

- General Education Meetings and 10-week Family Education Program offered twice a year;
- Seven Family Support Groups; and
- Four Peer-Led Connection Recovery Support Groups.

Hours: All volunteers work from home. Typical call times are 9 a.m. - 5 p.m.; however, help lines are in our homes, so we take calls outside those hours as well.

Special Instructions/Transportation:

- An all-volunteer organization led by those who have lived experience as a family member or a person in recovery.



United Way for Southeastern MI 2-1-1

Address: 3011 W. Grand Blvd. 500,
Detroit, MI 48202

Phone: dial **211** from any phone in
Michigan, or text your zip
code to **898211**

Website: [unitedwaysem.org/
resources/contact-2-1-1](http://unitedwaysem.org/resources/contact-2-1-1)

Email: 211@uww.unitedway.org

About: 211 is a free, confidential information and referral service operated by United Way for Southeastern Michigan. The service connects people to community resources for food, housing, utility assistance, healthcare, transportation, employment, mental health services, childcare, and many other needs. Help is available 24 hours a day, 7 days a week, throughout Michigan.

Services: Food Assistance Referrals; Housing & Shelter Referrals; and Rental & Utility Assistance (connection to over 30,000 programs and services statewide).

Hours: 24/7

Languages: Assistance available in 180+ languages through interpretation services.



988 Suicide Crisis Lifeline

Phone: Call or Text **988**

Website: 988lifeline.org

Email: 24/7 chat available on website

About: The 988 Suicide & Crisis Lifeline provides free, confidential support for people experiencing suicidal thoughts, mental health crises, emotional distress, substance use concerns, or concerns about a loved one. Trained crisis counselors are available nationwide 24/7 by phone, text, or online chat.

Services: Suicide Prevention & Crisis Intervention; Mental Health Crisis Support; Emotional Distress Support; Family Member & Friend Support; and Local Crisis & Behavioral Health Resource Referrals.

Hours: 24/7

Languages: English and Spanish available directly at 988. For callers who speak other languages, 988 provides interpretation services in 240+ languages through Language Line Solutions.



Housing



Lighthouse of Oakland County

Main Office Address:

461 Woodward Ave,
Pontiac, MI 48342.

Sanctuary House Address:

751 Hendrie Blvd,
Royal Oak, MI 48067

Phone (Main Office): 248-920-6000

Phone (Intake Line): 248-547-2260

Website: lighthousemi.org

Email: contact@lighthousemi.org

About: Lighthouse endeavors to build equitable communities that alleviate poverty in partnership with and in service to individuals, families, and organizations.

Services: Provides emergency shelter for men, women, and families, daily meals, and supportive services like case management to help those experiencing homelessness transition into stable housing. Provides housing for youth experiencing homelessness or in need of housing support through the Sanctuary program. Also provides other basic needs such as food and clothing.

Hours: 24/7

Languages: English and Spanish

Special Instructions/Transportation:

- Call ahead for intake.
- Served by SMART bus routes; get off at the 11 Mile Road or Woodward Avenue stop.



South Oakland Citizens for the Homeless

Address: 1717 W. 13 Mile Rd.
Royal Oak, MI 48073

Phone: 248-850-3219

Website: sochwi.org

Email: contact@sochomeless.org

About: South Oakland Citizens for the Homeless is a non-profit organization dedicated to providing a community-based response to homelessness.

Services: Provides basic essential services to individuals 18+ currently experiencing homelessness and continues to support them once they become housed. Offers basic case management, meals, showers (through the WAVE Project), and laundry off-site.

Hours:

- Summer Hours (May 1 – Sept. 30): Monday, Tuesday, & Wednesday 12 p.m. – 5 p.m. meal at 3:30 p.m.
- Winter Hours (Nov. 1 – March 31): Monday through Friday, 7 a.m. – 7 p.m.; Overnights at rotating churches.

Special Instructions/Transportation:

- First come first served; 18+ only.



Community Housing Network

Address: 570 Kirts Blvd., Suite 231,
Troy, MI 48084

Main Office Phone:
248-928-0110

Housing Resource Center Phone:
866-282-3119

Website:
communityhousingnetwork.org

Email: generalmail@chninc.net

About: Community Housing Network (CHN) is a nonprofit organization that helps individuals and families across Metro Detroit obtain and maintain stable, affordable housing. Since 2001, CHN has assisted more than 400,000 people facing homelessness, housing instability, disabilities, or financial hardship.

Services: Homelessness Prevention & Rapid Rehousing, Housing Resource Center; Permanent Supportive Housing & Support Services for people with disabilities experiencing homelessness; Street Outreach Services Program (PATH); Affordable & Subsidized Housing Assistance; Homebuyer Education; and Financial Literacy Classes.

Hours: Monday through Friday 8 a.m. – 5 p.m.

Special Instructions/Transportation:



Grace Centers of HOPE

Address: 35 E. Huron Street,
Pontiac, MI 48342

Main Office Phone:
248-334-2187

Helpline:
1-855-HELP-GCH

Website: gracecentersofhope.org

Email: info@gracecentersofhope.org

About: Grace Centers of Hope is one of Michigan's largest faith-based organizations serving individuals and families experiencing homelessness, substance use disorder, abuse, and poverty.

Services: Emergency Shelter; Long-term Recovery Programs; Life-skills Training; Education; Case Management & Counseling; Basic Needs (food, clothes and hygiene products, childcare, and housing support for men, women, and children).

Hours: Monday through Friday 8 a.m. – 5 p.m.; Weekend hours vary by program.

Special Instructions/Transportation:

- No associated costs.
- Please call ahead for shelter intake information.



E-Community Outreach Services

Address: 640 W. Huron St.,
Pontiac, MI 48342

Phone: 248-622-4334

Website: ecomunityoutreach.org

Email: info@ecomunityoutreach.org

About: E-Community Outreach Services (ECOS) is a non-profit organization dedicated to empowering individuals and families by connecting them to the resources, education, and support they need to achieve long-term stability and success. Working alongside community partners, ECOS focuses on preventing crises before they happen, strengthening families, and creating pathways to self-sufficiency. Their mission is to empower families, strengthen communities, and create lasting change through compassionate support, advocacy, and meaningful partnerships.

Services: Their membership-based Parent Empowerment Center provides personalized case management, housing navigation, employment services, emergency assistance, financial empowerment, parenting education, and referrals to community resources.

ECOS Helps Community Members Connect with:

- Housing Navigation & Homelessness Prevention;
- Emergency Assistance & Crisis Support;
- Personalized Success Coaching & Goal Planning;
- Community Resource Navigation & Referrals;
- Employment Services & Job Search Support;
- Financial Literacy Services;
- Utility Assistance;
- Food Resources & Emergency Support;
- Baby Essentials & Hygiene Products;
- Clothing & Household Resources;
- Healthcare & Mental Healthcare Referrals;
- Youth & Family Engagement Programs;
- Transportation Resources;
- Benefits Navigation; and
- Mobile Resource Bus.

Hours: Monday through Friday 10 a.m. – 3 p.m.

Languages: English & Spanish

Special Instructions/Transportation:

- Little to no cost payment options.
- 1 – 2 day response time following initial contact.

SNAP/WIC



MI Department of Health & Human Services Oakland County Office

Address: 51111 Woodward Avenue,
Pontiac, MI 48342

Phone: 248-975-4800

Website: localoffices.org/food-stamp/michigan/oakland-county

About: The Michigan Department of Health and Human Services (MDHHS) Oakland County Office handles SNAP applications, eligibility reviews, EBT card issues, and case questions.

Services: Food Assistance (SNAP); Medicaid Access; Child Care Assistance; Cash Assistance; and Emergency Assistance.

Hours: Call for current office hours.

Special Instructions/Transportation:

- Apply online - MI Bridges (Michigan benefits portal).
- Bring proof of identity, address, income, and Social Security numbers for all household members when applying in person to complete the process in one visit.



WIC (Women, Infants, & Children) Oakland County

Address: 1200 N. Telegraph Road,
Pontiac, MI 48341

Phone: 248-858-1272

Website: oaklandcountymi.gov/community/health/public-health-services/children-families/women-infants-children-wic

About: Oakland County WIC provides free nutrition assistance and health support services for pregnant women, postpartum women, infants, and children under the age of five. Services include healthy food benefits, nutrition counseling, breastfeeding support, health screenings, and referrals to medical and community resources.

Services: Provides Nutrition Assistance; Breastfeeding Support; Food Benefits; and Healthcare Referrals.

Hours: Available by appointment only. Call for current office hours and scheduling.

Special Instructions/Transportation:

- The WIC office can also tell callers which clinic location (Pontiac, Southfield, Farmington Hills, etc.) is most convenient and provide hours for each location.

Transportation



People's Express Transportation

Address: 175 Baker Rd, Whitmore Lake, MI 48189

Phone: 877-214-6073

Website: peoplesexpress.org/oakland

About: People's Express (PEX) is a public, on demand-response transportation service that provides affordable and accessible rides for residents in southwestern Oakland County. The service is available for medical appointments, employment, shopping, education, errands, and other community activities. Vehicles are wheelchair accessible and open to the general public.

Hours:

- Reservations open Monday through Friday 8 a.m. – 7 p.m.
- Transportation service available Monday through Friday 5 a.m. – 9 p.m. Saturday 5 a.m. – 5 p.m. & Sunday 8 a.m. – 5 p.m.

Special Instructions/Transportation:

- PEX serves residents of Commerce Township, Lyon Township, Milford Township, Village of Milford, Novi, South Lyon, Village of Wolverine Lake, and Wixom.
- Public fare is \$4 for a one-way trip within the service area.
- Reduced fares are available for seniors (55+), individuals with disabilities, low-income residents, and veterans.



SMART Transportation

Address: 47450 Woodward Avenue, Pontiac, MI 48342

Phone: 866-962-5515

Website: smartbus.org

About: The Suburban Mobility Authority for Regional Transportation (SMART) is the public transportation provider serving Oakland, Macomb, and Wayne counties.

Services:

- Fixed-route bus service throughout Southeast Michigan, FAST limited-stop routes on Woodward, Gratiot, and Michigan corridors.
- SMART Flex on-demand transportation.
- Connector transport for seniors & individuals with disabilities.
- ADA Paratransit service for eligible riders with disabilities.

Hours: Generally available daily from 6 a.m. – 11 p.m.

Special Instructions/Transportation:

- \$3 fare per one-way trip.
- Reduced fares are available for seniors (55+), individuals with disabilities, and eligible low-income residents.

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Education & Training

This section provides information about local resources that can help individuals and families pursue educational goals, develop new skills, and prepare for employment or career advancement. You'll find programs and organizations offering educational support, job training, workforce development, and other opportunities for learning and personal growth.

This section includes listings related to:



Education



Find A Mentor



Recreation



**Job Training &
Employment**



**Scholarship
& Charity**

Education



Making Spirits Bright

Address: 28580 Orchard Lake Road,
Suite 210, Farmington Hills,
MI 48393

Phone: 248-302-1800

Website: makingspiritsbright.org

Email: support@making
spiritsbright.org

About: Making Spirits Bright, Detroit's Book Bank, is a non-profit dedicated to promoting & providing equitable access to books that brighten the lives of youth while enhancing literacy and the love of learning. Through partnerships facilitating literacy instruction, they distribute thousands of gently used books directly to children and families.

Services: Provides free books.

Hours: Hours vary, please call ahead.

Special Instructions/Transportation:

- No associated cost.
- Free books are also available to teachers and schools in low-income communities.



Boys & Girls Club of Southeast Michigan

Address: 26777 Halsted Road, Suite
100, Farmington Hills,
MI 48331

Phone: 248-473-1400

Website: bgcsm.org

About: Boys & Girls Clubs of Southeastern Michigan is a nonprofit youth development organization that provides safe, supportive environments where young people can build academic skills, explore career pathways, develop leadership abilities, and participate in enrichment activities. Programs focus on education, workforce readiness, arts, athletics, technology, and life skills development for youth.

Services: Academic Enrichment; Educational Support; Arts & Culture Programs; Athletics & Recreation Activities; Workforce & Career Readiness; Leadership & Character Development; and Youth Mentoring.

Hours: Monday through Friday 9 a.m. – 5 p.m.

Special Instructions/Transportation:

- Primarily serves children and teens ages 6–18 years old through its club-based youth development programs.
- Youth programs are typically offered through membership and grant-supported programming. Costs, eligibility, and fees vary by club location and program. Contact BGCSM directly for current enrollment fees and scholarship availability.



Center for Success Network

Address: 245 East Rundell Street,
Pontiac, MI 48342

Phone: 313-320-8961

Website: center4success.org

Email: info@center4success.org

About: The mission of Center for Success Network is to unite literacy and community to empower students in the journey of education. They offer high-quality programming that includes mentoring, literacy intervention, social emotional learning (SEL), enrichment, meals, and transportation at Detroit and Pontiac sites.

Services:

- Individualized Literacy Sessions – Individual assessment-driven literacy instruction delivered by trained mentors.
- Out-of-School-Time Programs – Afterschool and summer programs integrate literacy, math, enrichment, social-emotional learning, meals, and transportation.
- Caregiver Engagement – Learning conversations equip caregivers with resources to support literacy at home.
- Mentor Engagement – CFSN recruits and trains community volunteers as literacy mentors to support relationship-based instruction grounded in ongoing coaching and equity-focused development.

Hours:

- Monday through Thursday 12 p.m. – 7 p.m. (School Year)
- Monday through Friday 8 a.m. – 5 p.m. (Summer)

Special Instructions/Transportation:

- Low cost payment options available.
- 24-hour response time following initial contact.
- Students may be referred by teachers/schools or family members and must complete an eligibility assessment.



Beyond Basics

Address: 31700 Middlebelt Road,
Farmington Hills, MI 48334

Phone: 248-250-9304

Website: beyondbasics.org

Email: info@beyondbasics.org

About: Founded in 1999, Beyond Basics is a national literacy nonprofit organization dedicated to helping students unlock the power of reading. Their mission is to achieve literacy for everyone—transforming lives and strengthening communities by creating meaningful opportunities for growth.

Services: Individual tutoring services for students who need assistance in reading. Tutoring services also offered for adults.

Hours: Monday through Friday 8:30 a.m. – 5 p.m.

Special Instructions/Transportation:

- Sliding scale payment options available.
- 24-hour response time following initial contact.

Find A Mentor



Nation Outside

Address: 7752 W. Vernor Highway,
Detroit, MI 48209

Phone: 313-254-2483

Website: nationoutside.org

Email: admin@nationoutside.org

About: Nation Outside is a statewide nonprofit movement led primarily by formerly incarcerated and system-impacted individuals, emphasizing lived experience as a source of expertise and leadership. The organization works to transform reentry and justice systems through trauma-informed, peer-led programs, community engagement, and policy advocacy that support individuals and families affected by the legal system.

Services: Reentry Services; Digital Literacy Courses; Chapter Meetings; Community & Organizing Events; Mentorship; Family Reunification; and Direct Service.

Hours: Monday through Friday 9 a.m. – 5 p.m. However, Nation Outside often attends and hosts events outside of regular hours.

Special Instructions/Transportation:

- Nation Outside has offices across the state and is mobile as well, meeting people in the community.



Big Brothers, Big Sisters of Southeast Michigan

Address: 2470 Collingwood
Street, Unit 219, Detroit,
Michigan 48206

Phone: 313-309-5555

Website: bbbssoutheastmi.org

Email: info@bbbssoutheastmi.org

About: Big Brothers Big Sisters of Southeast Michigan, believes in the dignity and worth of all individuals and that each young person deserves unconditional support and acceptance, no matter their race, religion, gender, or sexual orientation. They encourage any and all interested young people and potential mentors to inquire and learn more about their supportive, developmental mentoring program.

Services: Mentorship

Hours: Monday through Thursday 9 a.m. – 5 p.m.;
Friday 9 a.m. – 2 p.m.

Special Instructions/Transportation:

- Little to no cost payment options.
- 1 – 2 day response time following initial contact.



Classy Chick Chat

Address: 26700 Lahser Road, Suite
100, Southfield, MI 48033

Phone: 248-510-8686

Website: classychickchat.org

Email: info@classychickchat.org

About: Classy Chick Chat is a Michigan-based 501(c)(3) nonprofit organization dedicated to empowering girls and young women ages 12 to 24 through confidence-building, leadership development, mentorship, and life skills education. They provide safe, supportive programs that help youth build healthy relationships, make positive decisions, strengthen their self-esteem, and develop the skills needed to thrive. Their goal is to equip young people with the confidence, leadership skills, and practical tools they need to navigate life's challenges.

Services: Youth Mentoring (Individual & Group); Life Skills Education; Social-Emotional Learning; Conflict Resolution; Financial Literacy; Career Readiness; Parent & Caregiver Workshops; Support Groups; Referrals, and more.

Hours:

- Office Hours are Monday through Friday 9 a.m. – 5 p.m.
- Program hours vary. Please call to set up an appointment.

Special Instructions/Transportation:

- Low cost payment options available. Select programs have registration fees. Scholarships available based on funding.
- Programs are held at community partner locations throughout Metro Detroit, with select virtual offerings available.
- 24-hour response time following initial contact.



Sheriff PAL of Oakland County

Address: 1200 N Telegraph Road,
Pontiac, MI 48341

Phone: 248-761-0622

Website: sheriffpal.com

Email: sheriffpal@gmail.com

About: The goal of Sheriff PAL is to create a safe environment where law enforcement and community partners empower young people to reach their full potential through athletics, mentoring, and enrichment programs.

Services: Sports Programs (basketball, soccer, baseball, cheer); Mentoring & Character Development Program; and After School Programs.

Hours: Program schedules vary, with activities generally taking place Monday through Friday from 3 p.m. – 8 p.m. along with select Saturday programs and community events.

Special Instructions/Transportation:

- No cost.



Women of Tomorrow

Address: PO Box 1204,
Birmingham, MI 48012

Phone: 248-430-4095

Website: womenoftomorrow.org

Email: detroit@womenoftomorrow.org

About: Women of Tomorrow pairs professional and highly accomplished women who inspire, motivate, and teach critical life skills to at-risk students through mentoring sessions. All mentoring activities occur in small groups, conducted during school hours and in partnership with public school systems to empower the young women to be successful, graduate from high school, and go on to further education. The mentees are selected by schools based on a variety of criteria including low income, abuse, disability, likelihood of dropping out, gang involvement, criminal activity, teenage pregnancy risk, and academic, medical, or behavioral issues. Each group is diverse in its composition and includes girls in 9th to 12th grade.

Services: Group Mentoring and Scholarship Program

Hours: Occurs 1 hour per month during the school year

Special Instructions/Transportation:

- No cost.



Pontiac SAFE

Address: 47450 Woodward Avenue,
Pontiac, MI 48342

Phone: 248-758-2832

Website: pontiac.mi.us

Email: cgracey@pontiac.mi.us

About: Pontiac SAFE (Safe, Alive, Free, Empowered) is a community-based violence intervention program that works collaboratively with law enforcement, community organizations, faith leaders, and residents to reduce gun violence and promote lasting public safety. Through evidence-based strategies, focused outreach, mentorship, conflict mediation, and connections to supportive services, Pontiac SAFE addresses the root causes of violence while helping individuals and families build safer, stronger communities.

Services: Group Violence Intervention; Violence Interruption & Conflict Mediation; Street Outreach; Mentoring; Reentry Support; Community Engagement; and Youth Violence Prevention.

Hours: Monday through Friday 8 a.m. – 5 p.m.

Special Instructions/Transportation:

- No cost.
- 24-hour response time following initial contact.

Job Training & Employment



Oakland County Michigan Works!

Locations Include:

- Waterford – 7500 Highland Road
- Pontiac – 1850 North Perry Street
- Novi – 31186 Beck Road
- Troy – 550 Stephenson Highway

Main Office Phone: 248-858-5520

Website: oaklandcountymi.gov/business/workforce-development

Email: oaklandcountymiworks@oaklandcountymi.gov

About: Oakland County Michigan Works! is the workforce development organization serving businesses and residents of Oakland County with their workforce, education, employment, and supportive services needs.

Services: Career Assistance; Job Fairs & Hiring Events; Training & Education; Registered Apprenticeships; On-the-Job Training; Tuition Assistance; Supportive Services; Paid Internships; Talent Tours; Clean Slate Program; Unemployment Insurance Assistance; Food Assistance Employment & Training Program; Skilled Immigrant Integration Program; and more.

Oakland County Michigan Works! Centers are also home to Oakland80, a countywide initiative dedicated to increasing postsecondary attainment.

Hours: Monday through Friday 8 a.m. – 4:30 p.m.

Language: Language line translation services available.

Special Instructions/Transportation:

- Little-to-no cost payment options.
- 1 – 2 day response time following initial contact.



Clarence Phillips Ascend Foundation

Address: 2350 Franklin Road, Suite 210, Bloomfield Township, MI 48302

Phone: 248-434-8045

Website: theascendfoundation.org

Email: info@theascendfoundation.org

About: The Clarence E. Phillips Ascend Foundation is a non-profit membership organization which is committed to expanding opportunities for economic growth and educational training within minority-based communities. It also sponsors programs which improve race relations and foster support for minority children and socio-economically challenged families.

Services: Mentoring; Conflict Resolution; Soft Skill Training; Job & Life Readiness; Financial Literacy; and Team Building.

Hours: Monday through Friday 8 a.m. – 6 p.m.

Special Instructions/Transportation:

- Little to no cost payment options.
- Contracted services available for workshops & trainings.
- Same-day response following initial contact.



Oakland County Youth Educational Services (OCYES)

Address: 39555 Orchard Hill Place,
Suite 600, Novi, MI 48375

Phone: 248-301-1877

Website: ocyesnow.org

Email: vmilton@ocyesnow.org

About: OCYES strives to empower youth and young adults through educational support, career readiness training, mentoring, college preparation, and community assistance programs that help them achieve academic success, economic self-sufficiency, and lifelong personal growth.

Services: Academic Tutoring; College Readiness; FAFSA Assistance; IT Certification Training; Workforce Development; Mentoring; School Supplies Support; Food & Clothing; Community Partnerships; and Family Services.

Hours: Monday through Friday 8 a.m. – 5 p.m.

Special Instructions/Transportation:

- Most services offered virtually, in-person support available as needed.
- 3 – 5 day response time following initial contact.
- OCYES does not discriminate, all are welcome.
- Payment structure based on level of need.



TEAM UP Academy Foundation

Address: 7200 Miller Drive,
Warren, MI 48092

Phone: 586-838-4343

Website: teamupacademy.org

Email: admin@teampupacademy.org

About: TEAM UP Academy's mission is to help disadvantaged and underserved individuals (veterans, foster kids, etc.) build hard technical skills (legacy and state-of-the-art machinery) and refine soft skills for success in today's corporate environment by providing job opportunities through carefully selected partner networks and supporting manufacturers with tax credits for donating used equipment.

Services:

- CNC Machine Training (legacy and current systems, forklift, and OSHA); and
- Drone, Additive Manufacturing, and Industrial Sewing Programs currently in development.

Hours: Monday through Friday 8 a.m. – 4 p.m.

Special Instructions/Transportation:

- Partners may provide wrap-around support, including but not limited to transportation.
- Little-to-no cost payment options available.
- 1 – 2 day response time following initial contact.

Recreation



Oakland County Parks

Address: 2800 Watkins Lake Road,
Waterford, MI 48328

Phone: 248 858 0906

Website: [oaklandcountymi.gov/
community/oakland-
county-parks](http://oaklandcountymi.gov/community/oakland-county-parks)

Email: info@oaklandcountyparks.com

About: Whether you enjoy active recreation or just love to be outdoors, Oakland County Parks offers myriad opportunities to get involved in your parks system. Take a hike or stroll, help with events and activities, capture and share park memories on social media or attend a parks commission meeting.

The 17 Oakland County Parks contribute to the high quality of life that attracts businesses and residents to its 62 communities. Since 1966, the Oakland County Parks system has grown to more than 7,000 acres, offering a wide variety of year-round recreation opportunities ranging from camping, hiking, swimming, boating, golfing and picnicking to cross-country skiing, platform tennis and sledding.

Services: Programs and events are offered year round. Check out the website for the latest information on adult activities, adaptive recreation, nature education, recreation, and wellness programming.

Hours: Park hours vary based on season and location, typically 7 a.m. to 9 p.m. in summer, 8 a.m. to 5 p.m. in winter. Verify park operation hours on the Oakland County Parks website before visiting.

Special Instructions/Transportation:

- There is no charge for Oakland County residents to enjoy Oakland County day-use parks and dog parks. There are fees for pay to play attractions such as golf courses, Red Oaks Waterpark, campgrounds, and Holly Oaks ORV Park.



The Art Experience

Address: 175 S. Saginaw, Suite 109,
Pontiac, MI 48342

Phone: 248-706-3304

Website: theartexperience.org

Email: customerservice@
theartexperience.org

About: The Art Experience is a nonprofit organization dedicated to improving lives through the arts. They provide accessible creative opportunities, art therapy, community partnerships, and educational programs that foster connection, self-expression, healing, and personal growth for people of all ages and abilities. Through the power of art, they help build a more connected community.

Services: Individual, Group, & Caregiver Art Therapy; Open Studio Program; Community Arts Workshops; Youth Arts, School-Based & Therapeutic Arts; Arts Enrichment; Creative Wellness Programs; Mental Health & Resilience Workshops; Community Partnership Programs; Programs for Older Adults & Caregivers; Programs for Individuals with Intellectual & Developmental Disabilities; Trauma-Informed Arts; Corporate & Community Team-Building; Exhibitions & Art Shows; Special Events & Community Engagement Activities; Volunteering; Internships; and Student Learning Opportunities.

Hours: Tuesday through Thursday 12:30 p.m. – 5 p.m.
Friday 6 p.m. – 9 p.m. Sunday 12:30 p.m. – 3:30 p.m.

- Certain programs by appointment, call for more information.

Special Instructions/Transportation:

- Free parking is available in designated lots and on nearby streets. The main entrance is accessible and accommodates individuals with mobility challenges. If assistance is needed locating the studio or arranging accessibility accommodation, please contact the office prior to your visit.
- Little-to-no cost payment options available based on need.
- Open Studio is \$6.
- The Art Experience welcomes all individuals. No artistic experience necessary to participate in most programs. Programs are available for children, teens, adults, older adults, caregivers, individuals experiencing mental health challenges, and individuals with intellectual and developmental disabilities. Scholarship opportunities and reduced-cost programming may be available for eligible participants. The Art Experience partners with schools, healthcare providers, nonprofit organizations, and community agencies throughout Oakland County and surrounding communities to expand access to arts and therapeutic arts services.

Scholarship/Charity



Pontiac Promise Zone

Address: PO Box 431429
Pontiac, MI 48343

Phone: 248-214-0456

Website: pontiacpromisezone.org

Email: cmoulder@
pontiacpromisezone.org

About: Pontiac Promise Zone provides post-secondary tuition assistance for universities, colleges, certifications, and skilled trades to students who graduate from any public, private, or charter school in Pontiac.

Services: Tuition Assistance & Academic Success Coaching.

Hours: Monday through Friday 7 a.m. – 7 p.m.

Special Instructions/Transportation:

- Located on the second floor of Oakland University, West Building, 1500 University Dr., Auburn Hills, MI 48326.
- There is no eligibility GPA to become eligible for tuition assistance.



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Legal Services & Administration

This section highlights local resources that can help individuals and families navigate legal, government, and administrative needs. The organizations within this section can support you with legal representation, provide information on diversion programming, offer assistance with applications and paperwork, and help connect you with public services.

This section includes listings related to:



**Administrative
Support & License Help**



Courts & Diversion



Legal Support

Administrative Support & License Help



Pontiac Super!Center

Address: 1270 Pontiac Road,
Pontiac, MI 48340

Phone: 888-767-6424

Website: michigan.gov/sos

About: The Pontiac Super!Center is a full-service Michigan Secretary of State (SOS) branch office that provides driver's license, state ID, vehicle registration, title, and other motor vehicle services for Oakland County residents.

Services: Driver's License Renewal and Replacement; Michigan ID Cards; Vehicle Registration and Plate Renewals; Vehicle Title Transfers; Driving Records and Licensing Questions; CDL-related Services; and Disabled Parking Permits.

Hours: Monday, Tuesday, Thursday, Friday 9 a.m. – 5 p.m.
Wednesday 11 a.m. – 7 p.m.

Language: Interpreter and translation assistance available.



Oakland Connects

Address: 1200 N. Telegraph
Road, Building 34 East,
Pontiac, MI 48341

Phone: 800-848-5533

Website: [oaklandcountymi.gov/
community/oakland-
connects](https://oaklandcountymi.gov/community/oakland-connects)

Email: OCHelpline@
oaklandcountymi.gov

About: Oakland Connects is a free program that helps residents connect with community resources. The program is staffed by certified Community Health Workers who provide personalized support and guidance to help individuals access programs that support their overall well-being.

Services: Oakland Connects provides individuals access to health-related information, health insurance resources, food assistance programs, transportation services, housing and utility support, shelter resources, and job training opportunities.

- Their Helpline can support you with referrals, navigating the shelter system, connecting to the Housing Resource Center, and accessing a wide range of local services that support overall health, well-being, and self-sufficiency.

Hours: Monday through Friday 8:30 a.m. – 5 p.m.

Language: Interpreter and translation assistance available

Special Instructions/Transportation: Eligibility extends to anyone who lives or works in Oakland County.

Courts & Diversion



6th Judicial Circuit Court – Family Division

Address: 1200 N. Telegraph,
Pontiac, MI 48341

Phone: 248-858-0112

Website: [oaklandcountymi.gov/
government/courts/circuit-
court/family-division/juvenile-
court-intake/juvenile-forms](http://oaklandcountymi.gov/government/courts/circuit-court/family-division/juvenile-court-intake/juvenile-forms)

Email: oaklandjuvenile@
oaklandcountymi.gov

About: The juvenile court unit of the 6th Judicial Circuit Court's Family Division provides diversionary and formal court juvenile justice and child protective proceeding judicial services to youth and families in Oakland County. The unit also handles adoption and personal protection order matters. Judicial services are provided by eight Family Division judges and eight juvenile court referees.

Services: Diversion; Adjudication; and Disposition of Juvenile Court Petitions.

Hours: Monday through Friday 8:30 a.m. – 5 p.m.



Oakland County Youth Assistance

Address: 1200 N. Telegraph, Dept.
452, Pontiac, MI 48341

Phone: 249-858-0051

Website: [oaklandcountymi.gov/
government/courts/
youth-assistance](http://oaklandcountymi.gov/government/courts/youth-assistance)

About: Oakland County Youth Assistance is a community-based program whose mission is to strengthen youth and families and prevent and reduce delinquency, neglect, and abuse through community involvement.

Services: Case Management; Crisis Intervention; Information and Referrals; Short-term Counseling; Alternative Mentoring Programs; Child, Family, and Parent Education; Recreation; Skill Building; and Summer Camp Scholarships.

Hours: Monday through Friday 8:30 a.m. – 5 p.m.

Language: Interpreter services available.

Special Instructions/Transportation:

- Youth Assistance initiatives are supported by a unique tri-sponsorship agreement between the Circuit Court, local school districts, and local municipalities. Youth Assistance Casework staff are assigned to each of Oakland County's 26 school districts. Satellite offices exist throughout the school districts.
- No cost associated with services.
- 3 – 5 day response time following initial outreach.



Birmingham Youth Assistance

Address: 2436 Lincoln Street,
Birmingham, MI 48009

Phone: 248-203-4300

Website: [birminghamyouth
assistance.org](http://birminghamyouthassistance.org)

Email: birminghamyouthassistance
@gmail.com

About: The mission of Birmingham Youth Assistance (BYA) is to strengthen youth and families and to reduce the incidence of delinquency, abuse, and neglect through community involvement. BYA is a partnership of the Oakland County Circuit Court—Family Division; the City of Birmingham; the Villages of Beverly Hills, Bingham Farms and Franklin; Birmingham Public Schools; and community volunteers.

Services: Casework; Summer Camp Scholarships; Education Resources; Mentors Plus; and Youth in Service.

Hours: Monday through Friday 8 a.m. – 4 p.m.

- Summer Hours: Monday, Tuesday, and Wednesday 8:30 a.m. – 4 p.m.; Closed Thursday and Friday.

Special Instructions/Transportation:

- Enter through front doors or doors at pool entrance.
- Little-to-no cost payment options available.
- BYA Casework Services is staffed by a professional caseworker who provides short-term, prevention-focused counseling, skill building, and referral services for youth and families living within the Birmingham Public School District.
- Referrals for youth ages 5 through 17 years old are accepted from schools, teachers, police departments, parents, and other community sources. The Circuit Court-Family Division's Intake Unit also diverts cases when, in their judgment, Youth Assistance services are most appropriate.

Legal Support



Lakeshore Legal Aid and Defender Association, Inc.

Address: 35 W. Huron Street, Suite 701, Pontiac, MI 48342

Main Office Phone: 248-530-9330

Intake Hotline: 888-783-8190

Website: lakeshorelegalaids.org

About: Lakeshore Legal Aid is a nonprofit law firm that provides free civil legal services to low-income individuals, older adults, and survivors of domestic violence and sexual assault. The organization helps clients access justice through legal advice, advocacy, negotiation, document preparation, and court representation.

Services: Family Law; Domestic Violence & Protection Orders; Housing & Landlord-tenant Issues; Consumer Protection; Public Benefits Assistance; Employment & Individual Rights Cases; Estate Planning; Guardianship; LGBTQ+ Rights Advocacy; and Driver's License Restoration Assistance.

Intake Hotline Hours: Monday, Tuesday, & Thursday 9 a.m. – 5 p.m. Wednesday 9 a.m. – 6 p.m. Friday 9 a.m. – 1 p.m.

Language: English & Spanish

Special Instructions/Transportation:

- Services are generally free for eligible low-income clients, seniors, and survivors of domestic violence or sexual assault.



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Mental Health

This section provides information about local resources that support emotional well-being, mental health, and overall quality of life. You'll find services and organizations offering counseling, crisis support, peer support, therapy, behavioral health treatment, and more. Whether you are seeking support for yourself or for someone you care about, these listings can help you find community services that best fit your unique needs.

This section includes listings related to:



Counseling



Crisis Centers

Counseling



Be Mindful Therapy

Address: Virtual

Phone: 248-861-6412

Website: letsbemindfultherapy.com

Email: alyssa@
letsbemindfultherapy.com

About: Be Mindful Therapy is a virtual private practice. All three of their clinicians have a background in inpatient psychiatric care. They specialize in working with teens and adults with trauma, anxiety, OCD, depression, life transitions, and LGBTQ+.

Services: Provides individual therapy for all ages.

Hours: Sunday through Thursday 9 a.m. – 8 p.m. availability

Special Instructions/Transportation:

- Sliding scale and insurance payment options.
- 1 – 2 day response time following initial outreach.



CNS Healthcare

Address: 24230 Karim Boulevard,
Suite 100, Novi, MI 48375

Phone: 248-530-9330

Website: cnshealthcare.org

Email: akempf@cnshealthcare.org

About: CNS Healthcare is a non-profit, Certified Community Behavioral Health Clinic (CCBHC) with seven clinics and three clubhouses in Southeastern Michigan. CNS employs approximately 400 professionals, paraprofessionals, and support staff delivering services to more than 9,300 people annually.

Services: Behavioral Health; Mental Health; Substance Use Disorder Treatment; Case Management; Adult Services; Children, Youth, and Family Services; Peer Support Services; and Community Outreach.

Hours: Monday through Friday 9 a.m. – 5 p.m.

Language: English, Spanish, and translation services for other languages available.

Special Instructions/Transportation:

- Little-to-no cost, sliding scale, and insurance payment options available.
- 3 – 5 day response time following initial outreach.



Premium Counseling Services

Address: 41000 Woodward Avenue,
Suite 350 East Building,
Bloomfield Hills, MI 48304

Phone: 313-451-2758

Website: [premiumcounseling
services.com](http://premiumcounselingservices.com)

Email: bsykes@premiumcounseling
services.com

About: Premium Counseling Services provides compassionate, client-centered counseling and therapy services designed to support individuals in achieving emotional wellness, personal growth, and healthier relationships. They offer a safe, supportive environment where clients can explore life's challenges, develop effective coping strategies, and build resilience. Their approach is tailored to each client's unique needs, helping them navigate concerns such as anxiety, depression, stress, relationship difficulties, life transitions, and personal development with professionalism, empathy, and respect.

Services: Individual, Group, and Family Therapy.

Hours: Monday through Saturday 10 a.m. – 7 p.m.

Special Instructions/Transportation:

- Call ahead for consultation and referrals.
- Insurance based payment method.
- 24-hour response time following initial outreach.



New Day Counseling

Address: 306 Town Center Drive,
Troy, MI 48084

Phone: 248-649-8050

Website: newdaycounseling.org

Email: contactus@
newdaycounseling.org

About: New Day Counseling's mission is to provide help, inspire hope, and empower individuals, couples, and families through professional counseling, support, and resources for healthy coping and outlook, good emotional and mental health, improved relationships and empowered lives. Serving Macomb County, Oakland County, and Wayne County for over 19 years.

Services: Individual Therapy; Anxiety Therapy; Anger Management; Depression Therapy; Couples Therapy; Family Counseling; Grief and Loss; Trauma; and Substance Use Disorder Support.

Hours: Monday through Saturday 10 a.m. – 7 p.m.

Special Instructions/Transportation:

- Central location off of Big Beaver and I-75 in Troy, also located near several bus lines.
- Slide scale and insurance based payment method.
- 24-hour response time following initial outreach.



Oakland Family Services

Pontiac Office (Main):

114 Orchard Lake Rd.
Pontiac, MI 48341

Royal Oak Office:

26862 Woodward Avenue, Suite 103,
Royal Oak, MI 48067

Farmington Hills Office:

33481 West 14 Mile Road, Suite 120,
Farmington Hills, MI 48331

Phone: 248-858-7766

Website: oaklandfamilyservices.org

Email: info@oaklandfamilyservices.org

About: Oakland Family Services is an organization that provides prevention, education and treatment services for all ages.

Services:

- Individual and Group Therapy for Mental Health Needs and/or Substance Use Disorders;
- Psychiatric Services (including medications);
- Parents as Teachers Program – home-visiting to assist families with parenting their children through age 5;
- Early On – home-visiting to assist families with their child's mild to moderate developmental delays;
- Great Start Readiness Preschool Program;
- Childcare Tuition;
- Foster Care, Adoption, and Licensing.

Hours: Monday through Friday 9 a.m. – 5 p.m.;
Outside hours available by appointment.

Language: Translation services available.

Special Instructions/Transportation:

- No cost, sliding scale, Medicaid, insurance, MDHHS payments all accepted.
- 1 – 2 day response time following initial outreach.



Lillybrook Counseling Services

Address: 667 E Big Beaver Road,
Suite 107, Troy, MI 48083

Phone: 248-250-6620

Website: lillybrookcs.com

Email: contact@lillybrookcs.com

About: Lillybrook Counseling Services offers outpatient mental health group services for individuals age 5 and older, including group, couples, and family sessions. They accept most insurance plans. If your insurance isn't accepted, you can opt for sliding scale private pay or see one of their interns at no cost.

Services: Individual, Group, and Family Therapy; Workshops; and Couples Therapy.

Hours: Monday through Thursday 9 a.m. – 8 p.m.;
Friday 9 a.m. – 6 p.m.

Language: English & Chaldean

Special Instructions/Transportation:

- Agency is close to Route 75, and shares a driveway with Crispilis Restaurant.
- Little-to-no cost, sliding scale, and insurance options.
- 1 – 2 day response time following initial outreach.



Prevent 2 Protect

Address: 965 Wilson Road, Room A227, East Fee Hall,
East Lansing, MI 48824

Phone: 517-329-4250

Website: prevent2protect.msu.edu

Email: prevent2protect@msu.edu

About: Prevent 2 Protect provides intensive intervention and support for K–12 students identified as at risk for targeted violence within designated service regions in Michigan. The program offers statewide consultation and technical assistance to schools and multidisciplinary teams responding to students who have made threats of targeted violence or exhibit concerning behaviors.

Services:

- Consultation Services – Behavioral Threat Assessment and Management (BTAM) consultation and case consultation;
- Education & Training – Evidence-based training, professional development, conference presentations, and educational programming on targeted violence prevention, behavioral threat assessment, mental health, and school safety;
- Technical Assistance – Ongoing guidance to support the implementation of behavioral threat assessment processes, policies, multidisciplinary teams, and best practices;
- Intensive Support Teams (Regional Services) – In designated service regions, intensive, individualized case management and mentoring services are provided for students identified as at risk for targeted violence, in collaboration with families, schools, and community partners.

Hours: Monday through Friday 8 a.m. – 5 p.m.

Special Instructions/Transportation:

- No cost
- 1 – 2 day response time following initial outreach.
- To request a consultation visit: prevent2protect.msu.edu/programs-services/community-services



Mind Health Group

Address: 20010 Farmington Road,
Livonia, MI 48328

Phone: 248-471-7171

Website: mindhealthgroup.com

Email: intake@mindhealthgroup.com

About: Mind Health Group provides personalized care through convenient online services to support your mental health journey.

Services: Comprehensive Psychiatric Evaluations (New Patient Assessments); Medication Management; and Ongoing Psychiatric Follow-Up Visits.

Hours: Monday through Friday 8:30 a.m. – 4:30 p.m.

Special Instructions/Transportation:

- Insurance accepted.
- 24-hour response time following initial outreach.



Creekside Counseling Group

Address: 10801 S. Saginaw Street,
Suite D, Grand Blanc,
MI 48439

Phone: 810-771-4074

Website: creeksidecounselingllc.com

Email: info@creeksidecounselingllc.com

About: Creekside Counseling Group LLC's mission is to provide quality mental health care to all. They believe mental wellness is a fundamental human right. Their dedicated team of professionals are committed to reducing stigma, eliminating barriers that prevent access to care, understanding the diverse needs of their clients, and making positive impacts on the lives of those they serve.

Services: Individual, Couples, and Family Therapy; Play Therapy; ADHD Testing; Medication Management; GeneSight Testing.

Hours: Monday through Thursday 9 a.m. – 7 p.m. Friday 9 a.m. – 6 p.m. Saturday 10 a.m. – 2 p.m.; Counseling hours may vary.

Language: English & ASL

Special Instructions/Transportation:

- Sliding scale, Medicaid, insurance, Medicare, Care Credit or self-pay options accepted.
- 24-hour response time following initial outreach.
- Creekside clinicians are trained to support you in learning the skills to become the best version of yourself. Contact their office today to learn more information and find out what services may be the best fit for you.



Your Path Therapy Group LLC

Address: 44444 Hayes Road,
Clinton Township, MI 48038

Phone: 586-210-6682

Website: yourpaththerapygroup.com

Email: gpeavler@yourpaththerapygroup.com

About: Your Path Therapy Group LLC deeply values empathy, personalized care, and creating a judgement free environment. They are dedicated to destigmatizing mental health and equipping you with insights and practical tools to address the root causes of emotional and behavioral challenges.

Services: Comprehensive therapy services including individual, family, and couples therapy, children & adolescent therapy, and online therapy options.

Hours: Monday through Saturday 12 p.m. – 8 p.m.

Language: English & ASL

Special Instructions/Transportation:

- Medicaid, insurance, and self-pay options accepted.
- 24-hour response time following initial outreach.



Thrive Integrative Counseling

Address: 1025 E. Maple Road,
Birmingham, MI 48009

Phone: 949-836-2451

Website: thriveintegrativecounseling.net

Email: admin@thriveintegrative
counseling.net

About: Thrive Integrative Counseling is a therapeutic private practice of social workers, counselors, and psychologists. They provide individual, family, and group counseling for all ages. As co-creators of wellness, they endorse the art of personalized healing. Their compassionate, creative, client-centered focus draws from the wisdom of several established disciplines to facilitate optimal health through the application of techniques derived from psychology, mindfulness, multi-cultural philosophy, spiritual counseling and the expressive arts.

Services: Individual, Group, and Family Therapy.

Hours: Appointments may be scheduled from 9 a.m. – 8 p.m.; Available hours are based on clinicians.

Special Instructions/Transportation:

- Little-to-no cost, sliding scale, and insurance payment options accepted.
- 1 – 2 day response time following initial contact.



Blackbird Counseling Center

Address: 17197 N. Laurel Park Drive,
Suite 110, Livonia, MI 48152

Phone: 734-744-7252

Website: blackbirdcounselingcenter.com

Email: blackbirdcounselingcenter
@gmail.com

About: Blackbird Counseling Center serves adults, adolescents, kids, and families from all over metro Detroit. They treat a variety of conditions and diagnoses including anxiety, depression, substance use disorder, OCD, eating disorders, family conflict, relationship distress, life transitions, trauma, and parent coaching. They also offer EMDR and Art Therapy, offering both virtual and in-person sessions.

Services: Individual Therapy; EMDR; and Art Therapy.

Hours: Monday through Friday 8 a.m. – 8 p.m.;
Saturday 8 a.m. – 1 p.m.

Special Instructions/Transportation:

- Sliding scale, Medicaid, and insurance based payment options accepted.
- 24-hour response time following initial contact.
- The Blackbird Counseling Center is a small practice designed for more personal connection and quality services offered to clients.



Hutchison & Associates

Address: 26105 Orchard Lake Road,
Suite 207, Farmington Hills,
MI 48334

Phone: 248-662-5437

Website: drhutch.com

Email: drhutchscheduling@gmail.com

About: Hutchison & Associates is a private practice that provides group therapy and specializes in working with children and families. They provide individual and family therapy, including play therapy. They also do ADOS and psychological testing.

Services: Individual & Family Therapy; and Psychological Testing.

Hours: Monday through Friday 8 a.m. – 9 p.m.

Special Instructions/Transportation:

- Little-to-no cost payment options and insurance accepted.
- 1 – 2 day response time following initial outreach.



Mindfulness Eating Disorder Recovery Services

Address: 1750 S Telegraph Road,
Suite 102, Bloomfield Hills,
MI 48302

Phone: 248-686-0346

Website: mindfulness.com

Email: kvazzano@mindfulness.com

About: Mindfulness provides outpatient services (individual, family, and group therapy) for all eating disorders and body image concerns. They utilize non diet and health at every size paradigm.

Services: Individual, Family, Couples, and Group Therapy.

Hours: Available by appointment only.

Special Instructions/Transportation:

- Insurance accepted.
- 1 – 2 day response time following initial outreach.



Cruz Clinic

Address: 17177 N. Laurel Park Drive,
Livonia, MI 48152

Phone: 734-462-3210

Website: cruzclinic.com

Email: Gerriy@mycruzclinic.com

About: Cruz Clinic is a trusted provider of comprehensive mental health services. They specialize in different types of therapies along with medication management and psychological testing.

Services: Individual, Couples, and Family Therapy; Medication Management; Psychological Testing; Spravato Treatment; Autism Spectrum Disorder; ADHD Assessment; Medication Management.

Hours: Monday through Thursday 8 a.m. – 8 p.m.;
Friday 8 a.m. – 5 p.m.; Saturday 9 a.m. – 2 p.m.

Language: English & Spanish

Special Instructions/Transportation:

- Little-to-no cost, Medicaid, and insurance options.
- 24-hour response time following initial outreach.



LifeLab Kids

Address: 3178 Hilton Road,
Ferndale, MI 48220

Phone: 248-629-4600

Website: lifelabkids.org

Email: schedulingLLK@lifelabkids.org

About: LifeLab Kids (LLK) is a pediatric therapy clinic for children with developmental disabilities. They specialize in cohesive and collaborative care plans across eight disciplines - ABA Therapy, Speech Therapy, Occupational Therapy, Feeding Therapy, Recreational Therapy, Music Therapy, Counseling, and a Technology program. Their services are child-led, play-based, and strive to engage therapy in a natural environment, promoting independence and advocacy with their clients.

Services: Individual Therapy for ABA, Speech; Occupational Therapy; Recreational Therapy; Music Therapy; Counseling; Feeding Therapy; and Technology.

Hours: Monday through Friday 9 a.m. – 7 p.m.;
Saturday 9 a.m. – 4 p.m.

Special Instructions/Transportation:

- Located close to a bus stop. Parking available onsite.
- Insurance / Private Pay accepted.
- 1 – 2 day response time following initial outreach.



Catholic Charities of Southeast MI

La Casa Amiga Address:

76 Williams Street,
Pontiac, MI 48341

Outpatient Counseling Address:

515 E. 11 Mile Road,
Madison Heights, MI 48071

Main Office Phone: 734-744-7252

Outpatient Phone: 248-548-4044

Website: ccsem.org

Email: info@ccsem.org

About: Catholic Charities of Southeast Michigan (CCSEM) provides a variety of services across the 6-county region. In Oakland County, they have La Casa Amiga that provides financial stability services, benefits navigation, workforce development, tutoring and mentoring for children, summer camp for children, counseling for all ages and immigration legal clinics. In Madison Heights, they provide counseling for mental health and substance use disorders for all ages.

Services: Outpatient Individual & Family Counseling; Benefits Navigation; SUD Prevention; Financial Coaching; Food Pantry; Immigration Services; Case Management; Resources for Moms; Workforce Development; and ESL & GED

Hours: Monday through Friday 9 a.m. – 5 p.m.;
Outside hours appointments available by request.

Special Instructions/Transportation:

- Little-to-no cost, sliding scale, Medicaid, and insurance based payment options accepted.
- 1 – 2 day response time following initial outreach.
- 24-hour response time following initial contact.



Michigan School, Psychological Clinic

Address: 26811 Orchard Lake Road,
Farmington Hills, MI 48334

Phone: 248-919-0063

Website: msp.edu/clinic

Email: clinicstaff@msp.edu

About: Welcome to the Michigan School Psychological Clinic, where individuals receive high-quality, low-cost mental health care. The clinic is an excellent choice for those who are uninsured, or faced with unaffordable insurance deductibles and co-pays. The clinic also offers affordable psychological and educational testing that may otherwise cost hundreds, or even thousands, of dollars. They offer services to anyone living in the state of Michigan in person and over telehealth.

Services: Individual & Couples Therapy (both in person and virtual); and Psychological Testing and Assessment.

Hours: Monday through Thursday 8 a.m. – 8 p.m.;
Friday 8 a.m. – 4 p.m.

Special Instructions/Transportation:

- Sliding scale payment options available.
- 1 – 2 day response time following initial outreach.
- The Clinic operates in accordance with APA Code of Ethics.



Centro Multicultural La Familia Inc.

Address: 90 N Saginaw Street, Suite
200, Pontiac MI 48342

Phone: 248-858-7800

Website: centromulticultural.org/

Email: centro@centromulticultural.org

About: Centro Multicultural La Familia's mission is to provide culturally competent support services to families using a holistic approach in order to improve their quality of life.

Services: Survivors and Victims Services; Mental Health; Ex-ito Education; Health and Wellness; Small Business Program; Community Support; Summer Youth Employment Program; and Radio Program.

Hours: Monday through Thursday 9 a.m. – 5 p.m.;
Friday 9 a.m. – 3 p.m.

Language: English, Spanish, Portuguese, and French.

Special Instructions/Transportation:

- Card or cash accepted.
- 1 – 2 day response time following initial outreach.

Crisis Centers



New Oakland Family Centers

Main Office:

1200 N. Telegraph 32E,
Pontiac, MI 48341

Clarkston Center:

6549 Town Center Drive,
Clarkston, MI 48346

Bloomfield Hills Center:

2520 S. Telegraph Road,
Bloomfield Hills, MI 48302

Farmington Hills Center:

32961 Middlebelt Road,
Farmington Hills, MI 48334

24/7 Crisis Line: 800-395-3223

Website: newoakland.org

Email: newoakland@newoakland.org

About: New Oakland Family Centers is dedicated to improving the lives of individuals and families through accessible, high-quality behavioral health care. Their mission is to provide compassionate, evidence-based treatment that empowers clients to achieve emotional well-being, strengthen relationships, and reach their full potential. With more than 4.35 million service encounters and more than 200,000 individuals served, to date, Oakland Family Centers continues to innovate in mental health care. Their emphasis on early intervention and preventive care has shaped a continuum of services, from outpatient therapy to advanced crisis stabilization, ensuring they meet the needs of every individual at their moment of greatest need.

Services: Partial Hospitalization; Intensive Outpatient; Crisis Stabilization; and Crisis Intervention.

Hours: Monday through Friday 8 a.m. – 8 p.m.; Saturday and Sunday by appointment only.

Special Instructions/Transportation:

- New Oakland has 16 different locations throughout the state. See website for more information.
- Partial Hospitalization placement within 24 hours; Outpatient placement 10 – 14 day wait time for beds.



Oakland Community Health Network

Address: 5505 Corporate Drive,
Troy, MI 48098

Main Line: 248-858-1210

Access Center: 800-341-2003

Website: oaklandchn.org

About: Oakland Community Health Network (OCHN) is Oakland County's public behavioral health authority. OCHN manages and coordinates mental health, substance use disorder, and developmental disability services, as well as crisis intervention and emergency behavioral health treatment for eligible Oakland County residents.

***Note:** More information about OCHN can be found in the Problematic Sexual Behaviors Section on page 50 of this directory.

Hours: Crisis and Access Services are available 24/7.

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Physical Health

In this section, you'll find resources related to healthcare providers, clinics, programs, and organizations offering medical care, domestic violence support, preventive services, wellness resources, and assistance accessing healthcare. These listings can help connect you with services that address your individual health needs and support overall well-being.

This section includes listings related to:



**Domestic
Violence Support**



**Medical
Facilities**



**Substance Use
Disorder Treatment**

Domestic Violence Support



CARE House of Oakland County

Address: 44765 Woodward Avenue,
Pontiac, MI 48341

Phone: 248-332-7173

Website: carehouse.org

Email: information@carehouse.org

About: CARE House of Oakland County is the only children's advocacy center in Oakland County, providing first rate services to victims of child abuse and neglect. Their mission is to prevent abuse, protect children, and promote healing through advocacy, education, and treatment. Their vision is to impact the safety of every child in Oakland County.

Services: Court Appointed Special Advocates (CASA); Canine Advocates; Healthy Families Oakland; Intervention (Forensic Interview); Nurturing Oakland Parents Program; Prevention & Community Education; Treatment (Individual & Group Therapy).

Hours: Monday through Friday 9 a.m. – 7 p.m.

Language: English & Spanish

Special Instructions/Transportation:

- Little-to-no cost payment options.
- 24-hour response time following initial outreach.
- Serving youth up to 18 years old.



Haven Oakland County

Address: 801 Vanguard Drive,
Pontiac, MI 48341

Phone: 248-334-1284

24-Hour Crisis Line: 248-334-1274

Website: haven-oakland.org

About: HAVEN is a nationally recognized nonprofit organization that serves survivors of domestic violence, intimate partner violence, sexual assault, and human trafficking in Oakland County. For over 50 years, HAVEN has provided crisis intervention, emergency shelter, counseling, legal advocacy, prevention education, and forensic nursing services at no cost to help survivors achieve safety and healing.

Services: 24-Hour Crisis & Support Hotline; Emergency Shelter; Individual Counseling & Support Groups; Court Advocacy & Personal Protection Order (PPO) Assistance; Safe Therapeutic Assault Response Team (offering medical forensic exams following sexual assault or strangulation- no insurance required); Prevention Education and Community Training.

Hours: Office hours occur Monday through Friday 8 a.m. – 5 p.m.; Emergency shelter & crisis hotline available 24/7.

Language: Translation services available.

Medical Facilities



Havenwyck Hospital

Address: 1525 University Drive,
Auburn Hills, MI 48326

Phone: 248-373-9200

Admission & Assessment Line:
800-401-2727

Website: havenwyckhospital.com

About: Havenwyck Hospital is a licensed psychiatric hospital and behavioral health treatment center in Auburn Hills, Michigan, providing inpatient, outpatient, and residential mental health services for children, adolescents, and adults. The hospital specializes in psychiatric treatment, mental health rehabilitation, crisis stabilization, and long-term recovery planning.

Services: Adult Inpatient Psychiatric Program; Child & Adolescent Inpatient Psychiatric Program (ages 6–17); Adult Partial Hospitalization Program; Child & Adolescent Partial Hospitalization Program; Adult Intensive Outpatient Program; Residential Impulse Disorder Program for male youth; Psychiatric Assessments; and Crisis Evaluations available 24/7.

Hours: 24/7

Language: Interpreter services available.

Special Instructions/Transportation:

- Walk-in assessment accepted.



McLaren Oakland Hospital

Address: 50 N. Perry Street,
Pontiac, MI 48342

Phone: 248-338-5000

Website: mclaren.org/oakland/
mclaren-oakland-home

About: McLaren Oakland is a full-service community hospital and Level II Trauma Center that provides emergency care, cancer treatment, women's health, primary care, and more. McLaren Oakland delivers comprehensive medical care for patients of all ages through both inpatient and outpatient services.

Services: Emergency Medicine and Level II Trauma Center; Primary Care; Heart and Vascular Care; Cancer Care and Oncology; Orthopedic Surgery and Sports Medicine; Women's Health; Diagnostic Imaging; Laboratory Services; Residency and Fellowship Training Programs.

Hours: 24/7

Language: Interpreter services available.

Special Instructions/Transportation:

- Medicare, Medicaid and other insurance plans accepted; Coverage should be verified directly with the hospital.



Trinity Health Oakland

Address: 44405 Woodward Avenue,
Pontiac, MI 48341

Phone: 844-237-3627

Website: [trinityhealthmichigan.org/
location/trinity-health-
oakland-hospital](http://trinityhealthmichigan.org/location/trinity-health-oakland-hospital)

About: Trinity Health Oakland is a major regional hospital in Pontiac that provides comprehensive medical services including, surgical, emergency, trauma, cancer, maternity, pediatric and more. As a 24/7 Level II Trauma Center and teaching hospital, it delivers advanced healthcare to patients of all ages.

Services: Emergency/Trauma Care (24/7); Cancer Care and Oncology; Cardiovascular Care; Stroke Care; Orthopedics; Obstetrics & Maternity Care; Radiology and Imaging; Laboratory Services; and Pediatric Specialty Services (through partnership with University of Michigan C.S. Mott Children's Hospital).

Language: Interpreter services available.

Special Instructions/Transportation:

- Medicare, Medicaid and other insurance plans accepted; Coverage should be verified directly with the hospital.



American Indian Health & Family Services

Address: 4880 Lawndale,
Detroit, MI 48210

Phone: 313-846-6030

Website: aihfs.org

Email: info@aihfs.org

About: The American Indian Health & Family Services (AIHFS) is a nonprofit health and community wellness center whose mission is to enhance the physical, spiritual, emotional, and mental well-being of underserved populations in Southeast Michigan. The center's approach integrates traditional Native American healing and spiritual practices with contemporary Western medicine in through the use of the Integrated Care Model.

Services: Cultural Services; Community Events; Men's & Women's Society; Sweat Lodges; Annual Pow Wows and Cultural Activities; Healthy Cooking Classes; Fitness Classes; Fruit & Vegetable Program; Gardening & Nutrition Education; General Health Education; Healthy Start Program, Infant and Parent Services; Youth Programs; Little Dreamers (ages 5–10); Dream Seekers (ages 11–17); Leadership; and Mentoring.

Medical Clinic Hours: Monday, Tuesday, Wednesday, & Friday 8:30 a.m. – 5 p.m. Thursday 10:30 a.m. – 7 p.m.

Behavioral Health Hours: Monday, Tuesday, Wednesday, & Friday 8:30 a.m. – 5 p.m. Thursday 10:30 a.m. – 7 p.m.

Administration Hours: Monday through Friday 9 a.m. – 5 p.m.

Special Instructions/Transportation: Insurance and sliding scale payment options accepted.



Oakland 360 Care Center

Address: 48980 Woodward Avenue,
Pontiac, MI 48342

Phone: 248-724-7515

Website: oakland360carecenter.com

About: Oakland 360 Care Center is a whole-person, same-day care center that addresses physical health, behavioral health, and social support needs in one location. The center was developed through a partnership among Oakland County Health Division, Honor Community Health, Oakland Community Health Network, and Oakland Livingston Human Services Agency to provide comprehensive, integrated care when it is needed most. No appointment is required, and patients leave with a plan for ongoing support and services.

Services: Oakland 360 Care Center provides integrated physical health, behavioral health, and social support services. Individuals can receive care for common medical concerns such as cold and flu symptoms, sore throat, cough, ear infections, urinary tract infections, minor injuries, rashes, blood pressure concerns, asthma symptoms, as well as COVID-19, flu, and RSV testing. Behavioral health services include crisis support, screenings, immediate counseling, care coordination, and assistance with mental health and substance use concerns. The center also offers social support services that help connect individuals with food, housing, shelter, utility assistance, transportation, employment resources, education support, and other community-based services. The goal is to address the whole person by connecting patients to ongoing medical, behavioral, and social supports.

Hours: Monday through Friday 12 p.m. – 7 p.m. Saturday & Sunday 11:30 a.m. – 5 p.m. No appointment needed.

Language: Translation services available.

Special Instructions/Transportation:

- Services are available regardless of ability to pay. The center accepts Medicare, Medicaid, employer-sponsored insurance, marketplace plans, COBRA, and works with individuals who are uninsured or underinsured to identify financial assistance options.

Substance Use Disorder Treatment



Alliance of Coalitions for Healthy Communities

Address: 5505 Corporate Drive,
#301, Troy, MI 48098

Phone: 248-221-7101

Website: alliancemi.org

Email: info@alliancemi.org

About: The Alliance of Coalitions for Healthy Communities (The Alliance) formed as an extension of the successful Coalition of Healthy Communities (CHC) network. CHC was founded in 1993 by four local coalition groups seeking to strengthen their existing collaboration through the creation of an umbrella organization. In 2003, CHC members, with the support of Oakland County's Office of Substance Abuse Services, launched The Alliance to begin the next phase in Oakland Prevention. Today, the Alliance has grown to 20+ community prevention coalitions serving 55+ local communities and recovery support, wellness and prevention education for anyone affected by substance use disorder.

Services: Wellness; Prevention; Overdose Prevention; and Recovery Support.

Hours: Monday through Friday 8 a.m. – 4 p.m.

Language: English & Spanish

Special Instructions/Transportation:

- Little-to-no cost payment options.
- Located in Oakland Community Healthy Network building.
- 24-hour response time following initial outreach.





FACE Addiction NOW

Address: 43800 Garfield, Suite 200,
Clinton Twp., MI 48038

Phone: 833-202-4673

Website: faceaddictionnow.org

Email: fan@faceaddictionnow.org

About: FACE Addiction NOW works to prevent drug use before it starts, reduce overdose fatalities, and connect individuals with treatment options that lead to long-term recovery. Through a range of no-cost programs, educational resources, and support services, FAN offers consistent guidance from early intervention through sustained recovery. They provide trusted information and practical tools to help individuals and families find stability, while shifting public understanding of substance use through trained professionals with real-world experience and solutions.

Services: Peer Recovery Coaching; Family Coaching; and Case Management.

Hours: Monday through Friday 9 a.m. – 5 p.m.; Call center is open 365 days a year from 8 a.m. – 10 p.m.

Language: English, Spanish, & Arabic

Special Instructions/Transportation:

- Little-to-no cost payment options.
- 24-hour response time following initial outreach.



Metropolitan Behavioral Health

Address: 8001 Rotunda Drive,
Dearborn, MI 48124

Phone: 313-633-2600

Website: metropolitanbh.com

About: Metropolitan Behavioral Health is a behavioral health hospital that provides inpatient and outpatient mental health treatment for adolescents, adults, and older adults. The facility offers comprehensive, patient-centered psychiatric care, including services for individuals with co-occurring mental health and substance use disorders.

Services: Adolescent Inpatient Psychiatric Treatment; Outpatient Services (Partial Hospitalization Program, Intensive Outpatient Program); and Co-occurring Disorder Treatment.

Hours: Open 24/7 for inpatient psychiatric services and assessments.

Language: Interpreter services may be available; Call ahead to confirm language accommodation and availability of bilingual staff.

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Special Populations

In this section, you will find information about resources designed to support individuals and families with specific needs, circumstances, or life experiences. This section features organizations and services that focus on particular populations, including LGBTQ+ youth, people with disabilities, survivors of domestic violence, and others to help connect you with specialized support and community providers that understand your unique needs.

This section includes listings related to:



**LGBTQ+
Services**



**Problematic
Sexual Behaviors**



**Justice
Involved Youth**



**Refugee /
Immigrant Services**

LGBTQ+ Services



Affirmations LGBTQ+ Community Center

Address: 290 W. 9 Mile Road,
Ferndale, MI 48220

Phone: 248-398-7105

Website: goaffirmations.org

Email: info@goaffirmations.org

About: Affirmations is Michigan's largest LGBTQ+ community center, serving Southeast Michigan since 1989. The center provides a safe, welcoming space for LGBTQ+ individuals, families, allies, and community members through behavioral health services, support groups, youth programming, community events, advocacy, and basic needs resources.

Services: Individual Therapy & Behavioral Health Services; LGBTQ+ Support Groups & Peer Support Programs; Youth & Family Programs (including services for teens and young adults; Arts & Cultural Programming; Health Education & Community Resources; Basic Needs Assistance; Food Access; Computer Access & Resource Navigation; Community Events; Advocacy; and Leadership Development.

Hours: Monday through Thursday 10 a.m. – 8 p.m.;
Friday 10 a.m. – 3 p.m.; Saturday 10 a.m. – 8 p.m.

Special Instructions/Transportation:

- Many programs, groups, and events are free. Therapy and certain health-related services may have separate fees or insurance requirements.



Stand with Trans

Address: 23332 Farmington Road,
#84, Farmington, MI 48336

Phone: 248-907-4853

Website: standwithtrans.org

Email: info@standwithtrans.org

About: Stand with Trans is a nonprofit organization dedicated to empowering transgender youth through education, support groups, mental health services, resources, and community programs. Founded in 2015, the organization serves transgender youth, young adults, parents, caregivers, and allies.

Services: Youth Support Groups; Parent & Caregiver Support Groups; Family Support Programming; Mental Health Therapy; Educational Resources; Peer Support & Advocacy; Resource Library; and Referrals.

Hours: Call for information on hours and availability.

Special Instructions/Transportation:

- Many support groups and community programs are free; therapy services may be billed through insurance.

Justice Involved Youth



Oakland County Children's Village

Address: 1200 North Telegraph 63 W,
Pontiac, MI 48341

Phone: 248-858-1151

Website: [oaklandcountymi.gov/
government/oakland-
county-children-s-village](http://oaklandcountymi.gov/government/oakland-county-children-s-village)

Email: cvillage@oaklandcountymi.gov

About: Children's Village (CV) offers a safe, structured, and therapeutic environment for youth that includes secure detention, residential treatment, shelter care, and non-residential day services. Residents have opportunities to strengthen their skills, build confidence, and develop healthier ways of navigating challenges. CV programs are designed not only to support youth during their stay, but also to prepare them for the future.

Services: Case Management; Clinical Services; Counseling; Education; Health & Wellness; Residential Treatment; Non-Residential Treatment; and Restorative Justice Programming.

Hours: 24/7

Special Instructions/Transportation:

- Children's Village is exclusively referral based. All referrals come from law enforcement, juvenile court, or MDHHS, and are not accepted from the general public.
- Transportation provided for day programming.
- Services provided to youth up to 18 years old.
- Little-to-no cost payment options.



Wayne County Juvenile Detention Facility

Address: 5301 Russell Street,
Detroit, MI 48211

Phone: 313-229-5415

Website: waynecountymi.gov

Email: mmcgee1@
waynecountymi.gov

About: The Wayne County Juvenile Detention Facility provides secure, short-term detention services for court-involved youth.

Services: 24-hour Supervision and Care; Medical and Behavioral Health Services; Educational Programming; Recreation; Structured Programming; Case Coordination; Family Engagement; Crisis Intervention; and Support for Youth Awaiting Court Disposition or Placement.

Hours: Monday through Friday 8 a.m. – 5 p.m.

Special Instructions/Transportation:

- Wayne County Juvenile Detention Facility serves youth ages 13 to 17.

Problematic Sexual Behaviors



Oakland Community Health Network

Address: 5505 Corporate Drive,
Troy, MI 48098

Main Line: 248-858-1210

Access Center: 800-341-2003

Website: oaklandchn.org

About: Oakland Community Health Network (OCHN) is Oakland County's public behavioral health authority. OCHN manages and coordinates mental health, substance use disorder, and developmental disability services for eligible Oakland County residents.

Services:

- Mental Health Treatment & Support Services;
- Substance Use Disorder Treatment & Recovery;
- Services for individuals with developmental disabilities;
- Crisis Intervention & Emergency Behavioral Health Services;
- Care Coordination & Case Management; and
- Behavioral Health Support for justice involved individuals through partnerships with courts and law enforcement agencies.

Hours:

- Administrative offices are open Monday through Friday during regular business hours.
- Crisis and Access Services are available 24/7.

Language: Interpreter/language assistance services are available upon request.

Special Instructions/Transportation:

- Services are available to eligible Oakland County residents. Contact the OCHN Access Center for more information on eligibility and service referrals.
- Transportation assistance may be available through specific programs and service providers.
- Individuals actively in crisis should contact OCHN Crisis Services Access Center immediately for assistance.

Refugee/Immigrant Services



United Community Family Services

Address: 2033 Austin Drive,
Troy, MI 48083

Phone: 248-528-0130

Website: ucfamilyservices.org

Email: info@ucfamilyservices.org

About: 65 years since its founding, United Community Family Services (UCFS) continues to carry out its mission of providing programs that guide, support, and empower individuals to achieve self-sufficiency with dignity and hope. Through tailored, wrap-around services and comprehensive case management, UCFS works to holistically embrace families so that they can thrive in every area of their life.

Services: Case Management; Food Pantry; Basic Needs Center; Workforce Development; Savings Match Program; Digital Literacy; Afterschool Tutoring; Youth Summer Camp; Maternal Health Education; Refugee Wellness Programming; English Learning; Pathways to Citizenship; and Translation/ Interpretation Services.

Hours: Monday through Friday 9 a.m. – 5 p.m.

Language: English, Spanish, & Arabic

Special Instructions/Transportation:

- Utilization of JR language line translation services, enabling the organization to serve anyone who needs assistance regardless of their native language.
- Little-to-no cost payment options.
- 1 – 2 day response time following initial outreach.



1200 N. Telegraph Road, Pontiac, MI 48341

oaklandcountymi.gov | 248-858-1000